



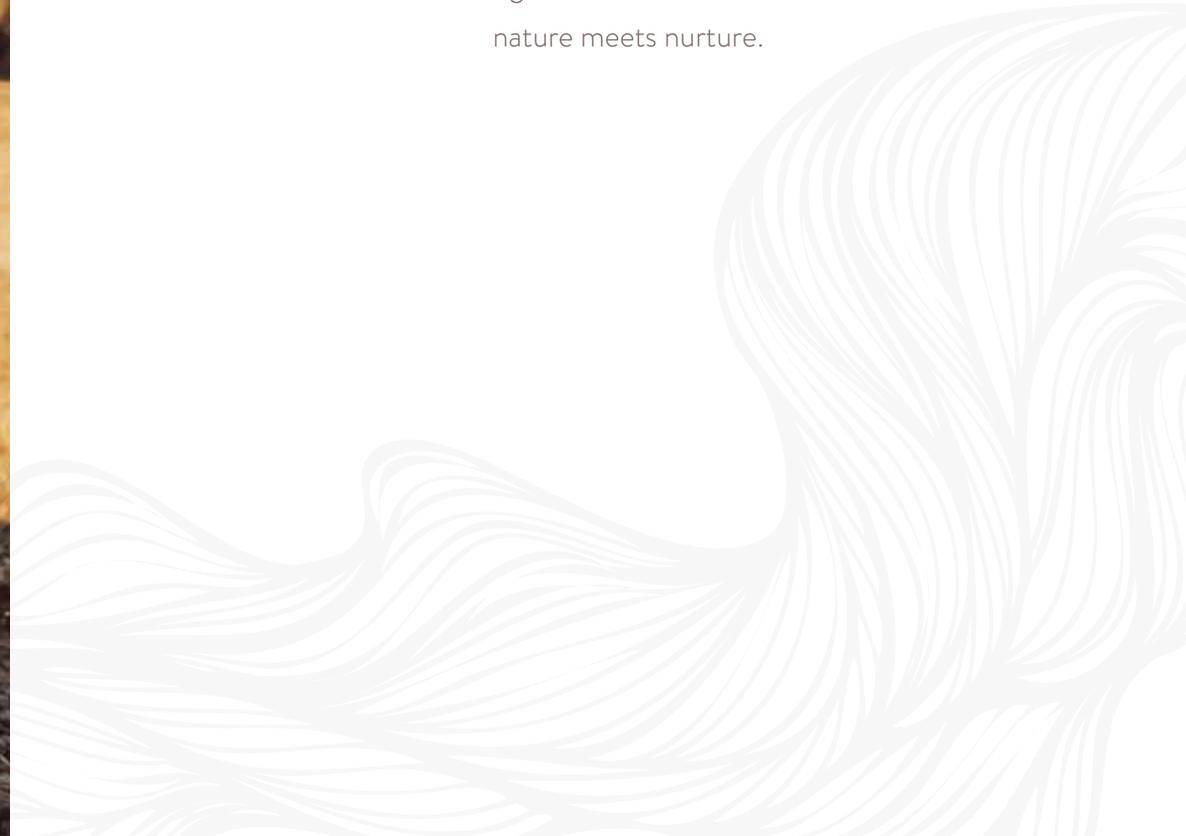
THE SPA
at salishan

7760 NORTH HIGHWAY 101
GLENEDEN BEACH, OREGON 97388

541.764.4300 | salishan.com/spa



Inspired by Oregon's unspoiled landscape, The Spa at Salishan Coastal Lodge specializes in treatments rooted in the same harmony and tranquility we find in nature. With organic botanicals and carefully curated products, we offer customized services that encourage rest, relaxation and renewal. It's where nature meets nurture.



MASSAGES

Signature Hot Stone

90 min

Water-treated stones are meticulously placed on parts of the body to help enhance your sense of well-being. The heated stones allow the muscles to be easily manipulated assisting the release of toxins and improving circulation. A perfect synergy of hand and stone work for ultimate rest and relaxation.

WED - THURS \$215 / FRI - SUN \$235

Himalayan Salt Stone

90 min

This highly healing massage allows the warm salt stones to bring about grounding and balance. Himalayan salt stones contain 84 trace minerals that are absorbed by your body using this technique. On top of replenishing minerals, it will also help reduce inflammation by balancing your positive and negative ions, detoxify, nourish and gently exfoliate your skin.

WED - THURS \$235 / FRI - SUN \$255

CBD Infusion

60/90 min

This relaxation massage incorporates Vital Body CBD* cream in place of traditional lotions or oils. Enjoy an infusion of pain relieving ingredients including: arnica, ginger, chamomile, and organically grown full spectrum hemp oil. Recommended for those who need aid sleeping, calming the nervous system or treating pain and inflammation.

WED - THURS \$195/\$255 / FRI - SUN \$215/\$275

Coastal Remedy

60/90 min

Customized just for you, this massage will give you the choice of Swedish-style relaxing fluid strokes or more targeted firm therapeutic pressure to release tension and areas of chronic stress. To further enhance your relaxation, aromatherapy can be incorporated to bring balance to physical and emotional energies.

WED - THURS \$145/\$205 / FRI - SUN \$165/\$225

Maternity (Prenatal or Postnatal)

60 min

A gentle therapeutic massage which nurtures and comforts expectant and new mothers. It helps to alleviate the physical pain from weight gains (lower back pain and sciatica) while also balancing the emotional discomforts of pregnancy. Recommended up to three months postnatal.

WED - THURS \$140 / FRI - SUN \$160

*Prenatal massages are only available during the second and third trimester. For your safety, we do not recommend the use of heated amenities without consulting your physician first.

ENHANCEMENTS

30-Minute Body Scrub - \$75

Awaken the senses with full body exfoliation before any massage.

Fire & Water - \$75

Add a 30-minute remineralizing soak in our private jetted tub prior to your service.

The following enhancements do not add additional time.

Scalp Treatment - \$25

A light and nourishing massage for the head and scalp including a specialized oil.

Targeted Cupping - \$55

Designed to help with pain, inflammation, and blood flow in a focused area.

*Please inform staff at time of booking if you have a preference for which therapist you see.

Otherwise it is not guaranteed.

*A 20% gratuity will be added to all services.

Our prices, services, policies, and hours are subject to change.

BODY TREATMENTS

Replenishing Body Cocoon

60 min

An excellent remedy to replenish elasticity, regenerate tissue and restore moisture balance. A sensorial cocoon experience that reduces swelling, improves circulation and bestows soft silky skin. The perfect body treatment for those feeling energy depleted, as an after-sun treatment, or during and after pregnancy.

WED - THURS \$170 / FRI - SUN \$190

Tranquillity™ Pro Sleep Treatment

60 min

Inspired by the Indonesian Sea Malay techniques, this treatment acts in synergy with our Tranquillity™ Sound and Essential Oil Blend to effectively induce a state of deep rest. Incorporating the face, scalp, and abdominals this full body touch therapy is ideal for those needing to relieve stress and center the mind.

WED - THURS \$190 / FRI - SUN \$210

Detox & Renew Wrap

60 min

For anyone in need of a deep sense of renewal. Begin your detoxification with a unique body peel to remove dead skin cells. Continue the elimination of toxins while enveloped in micro-algae mud sourced from Bagni di Montalcino. Includes a full body firming finish using an exquisitely rich body cream to nourish the skin and improve elasticity and tone.

WED - THURS \$150 / FRI - SUN \$170

Lift & Firm Wrap

60 min

An intensive remodeling and firming treatment with an innovative body mask featuring yellow clay from Brazil and plankton extract. Its efficacy is boosted by an exclusive moisture application technique. Ideal for combining with a fitness program or to be included in an anti-cellulite and firming program.

WED - THURS \$150 / FRI - SUN \$170

Aromasoul Volcanic Scrub

60 min

Pure volcanic rhyolite particles deeply exfoliate to remove dead cells while softening and smoothing rough areas. After the skin is cleansed and glowing, a finishing hydration treatment nourishes the body. This intensive service will leave you feeling completely polished and fully renewed.

WED - THURS \$150 / FRI - SUN \$170

ENHANCEMENTS

30-Minute Body Scrub - \$75

Awaken the senses with full body exfoliation before any body treatment.

Fire & Water - \$75

Add a 30-minute remineralizing soak in our private jetted tub prior to your service.

The following enhancements do not add additional time.

Scalp Treatment - \$25

A light and nourishing massage for the head and scalp including a specialized oil.

*Please inform staff at time of booking if you have a preference for which therapist you see.

Otherwise it is not guaranteed.

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FACIALS

Signature Holistic

Rediscover and revitalize your skin with potent age-defying peptides, collagen boosters, hyaluronic acids, and botanical elements. This facial works to stimulate the natural cell regeneration process reducing fine lines and wrinkles. As a result, enjoy firmer, brighter, and redefined skin. Includes a hydrating treatment with light touch therapy for hands, forearms, lower legs, and feet.

WED - THURS \$230 / FRI - SUN \$250

90 min

Mend & Glow

This custom service focuses on your specific skin needs. Begin with a personalized consultation followed by a tailored routine to help repair and support. Includes a deep cleansing, toning, exfoliation, facial massage, and hydrating masque with botanicals for a radiant glow.

WED - THURS \$180 / FRI - SUN \$200

80 min

Essential

Escape from stress, with this relaxing and soothing treatment. A European-style facial with botanical properties designed to cleanse, exfoliate, and hydrate while awakening the senses. Reveal a healthier complexion as active ingredients infuse health and beauty throughout your face, neck, and décolleté.

WED - THURS \$140 / FRI-SUN \$160

60 min

ENHANCEMENTS

The following enhancements do not add additional time.

Scalp Treatment - \$25

A light and nourishing massage for the head and scalp with a specialized oil.

CBD Therapy Treatment - \$55

Boost any facial with CBD facial oil and moisturizer.

Lip & Eye Rescue - \$25

Smooths, firms, and brightens these delicate areas relieving appearance of fatigue.

Advanced Exfoliation - \$25

A customized exfoliation that refines pores and eliminates dead skin cells.

Intensive Ampoule - \$30

A highly concentrated cell rejuvenation treatment that delivers dramatic results.

*Shaving is NOT recommended before any of these treatments.

All facials can be customized for beards or facial hair. Extractions are included if possible or requested.

*A 20% gratuity will be added to all services.

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HAND & FOOT THERAPIES

Signature Foot Treatment

60 min

An intensive therapy for tired legs and feet. This treatment aims to replenish and heal these often overworked areas of the body. Begin with a regenerating soak, followed by a resurfacing exfoliation, thermal mud* detox mask, alpha hydroxy acid foot peel, and finishing moisturizer with touch therapy.

WED - THURS \$70 / FRI - SUN \$75

*Thermal mud is not recommended for expectant or new mothers, but can be supplemented with other products. Please inform staff at time of booking to make special requests.

Restorative Manicure

60 min

A specialized treatment designed to return your hands' natural glow. This service incorporates a cleansing soak, exfoliation, skin repairing mask, and rehydrating moisturizer. Finish with soothing touch therapy for the hands and forearms. Includes nail maintenance and your choice of nail buffing or polish.

WED - THURS \$80 / FRI - SUN \$85

Fortifying Pedicure

60 min

Protection and essential care for the feet. Refresh with a purifying soak to help soften the feet, help prevent fungus, and strengthen the nails. Then stimulate your senses with an invigorating foot and leg scrub, followed by a moisture enriched mask and moisturizing touch therapy for the lower legs and feet. Includes callus care, nail maintenance, and your choice of nail buffing or polish.

WED - THURS \$80 / FRI - SUN \$85

Bare Basics (Manicure & Pedicure)

90 min

Simple and clean. You will walk away feeling refreshed as your nails and cuticles are groomed to perfection. This specialty service also includes gentle exfoliation and moisturizing therapy to help rehydrate and soften the forearms, hands, lower legs, and feet. Finish off with nail buffing or polish.

WED - THURS \$115 / FRI - SUN \$120

*Please inform staff at time of booking if you have a preference for which therapist you see.
Otherwise it is not guaranteed.

ENHANCEMENTS

Bio-Seaweed Gel - \$20

Extend the life of your manicure or pedicure with this unique gel polish.

Shellac or Gel Removal - \$15

Extra time is required for removal and must be booked in advance, otherwise this service cannot be guaranteed. Acrylic and dip removals are not offered in the spa at this time.

The following enhancements do not add additional time.

Alpha Hydroxy Acid Peel - \$15

Rejuvenate the skin with this advanced form of exfoliation.

CBD Therapy Treatment - \$20

Enhance any service with CBD cream and mineral soak.

Himalayan Salt Foot Soak - \$15

This detoxifying bath includes your choice of essential oil blend:

Bliss - Frankincense and Bulgarian Lavender

Rejuvenate - Lemon, Key Lime, Grapefruit, and Ginger

Salishan Signature - Cedarwood, Bergamot, and Sweet Orange

*A 20% gratuity will be added to all services.

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SALON SERVICES

HAIR CUTS & STYLING

Designer Haircut

WED - THURS \$60 / FRI - SUN \$65

Barber Precision

WED - THURS \$40 / FRI - SUN \$45

Wash & Style

WED - THURS \$55 / FRI - SUN \$60

Formal Style

WED - THURS \$105 / FRI - SUN \$110

*If you are a new client, please let us know about your hair length and type at time of booking.

HAIR COLOR

One-Process Color

WED - THURS \$105 / FRI - SUN \$110

Two-Process Color

WED - THURS \$190 / FRI - SUN \$195

Partial High Or Low Lights

WED - THURS \$140 / FRI - SUN \$145

Full High Or Low Lights

WED - THURS \$190 / FRI - SUN \$195

BRIDAL HAIR & MAKE-UP

Let us help make you feel beautiful and polished for your special day. Schedule a consultation and a full run-through with our professionals before your event.

Bridal Hair

WED - THURS \$185 / FRI - SUN \$190

Bridal Make-Up

WED - THURS \$135 / FRI - SUN \$140

WAXING

Eyebrow Design

WED - THURS \$40 / FRI - SUN \$45

Face (eyebrows not included)

WED - THURS \$60 / FRI - SUN \$65

Lip

WED - THURS \$25 / FRI - SUN \$30

Chin

WED - THURS \$25 / FRI - SUN \$30

Bikini Line

WED - THURS \$65 / FRI - SUN \$70

Brazilian

WED - THURS \$140 / FRI - SUN \$145

*Not recommended for women that are pregnant, or guests using retin-a, accutane, or renova. Please refrain from caffeine three hours prior and the use of heated amenities after waxing services. Cleansed skin prior to services will achieve best results.

YOGA

Our yoga studio is located in the Salishan Marketplace overlooking the golf links and old-growth timbers. Yoga mats and blocks are provided for you, but you are welcome to bring your own. We recommend wearing comfortable clothes and bringing a water bottle. Please meet your instructor next to the fireplace in the center of the marketplace 5 minutes prior to class start time.

Private Hatha Yoga Session

60 min

Reconnect with your mind and body. Hatha yoga incorporates slow and deliberate poses that challenge your strength and flexibility, while at the same time focusing on relaxation and mindfulness. Our private sessions move at your pace and are open to all experience levels.

\$150

*Private classes are limited to 2 participants and include use of the spa facilities. If you would like to schedule for a larger group, please let us know and we will work to accommodate you.

Cancellation Policy

Should you need to cancel or reschedule your yoga session, please notify us at least 24 hours in advance. In order to protect our staff and business, appointments cancelled in less time that cannot be filled will be charged for 100% of the service. Thank you for your understanding.

*A 20% gratuity will be added to all services.

Our prices, services, policies, and hours are subject to change.

SPA ETIQUETTE & DETAILS

Appointments

A major credit card is required to hold all reservations and must be provided at the time of booking. Advanced reservations are strongly encouraged. For your convenience, a 20% gratuity is added to all spa services. Additional gratuities are welcome for exceptional service.

Age Requirements

Full body services and use of spa amenities are reserved for guests 18 and older. Our younger visitors, ages 10 to 17, are welcome to enjoy select salon services with a guardian's supervision.

Check-In

Please arrive at least 30 minutes prior to your scheduled reservation if you plan on changing into a robe and sandals. Spa guests are welcome to enjoy our facilities up to an hour and a half before or after their treatments. As a courtesy to the next guest and our staff, please note that late arrivals will end as previously scheduled without a reduction in price.

Medical

Please inform us of any medical needs or accommodations that require special attention at the time of booking. Certain treatments have specific contraindications related to pregnancy and prescription drugs. If you have any concerns, please consult your physician prior to booking.

Cancellations

Should you need to cancel or reschedule, please notify us at least 12 hours in advance. Groups of five or more require a 48 hour notice. In order to protect our staff and business, appointments cancelled in less time that cannot be filled will be charged for 100% of the service.

Products & Refunds

Gift cards are available for purchase online or in person at the spa and are non-refundable. Unused products can be returned for spa credit or exchanged when accompanied by a receipt within 30 days. Adjustments to services or gratuity charges can only be done at time of checkout.

A Quiet & Safe Place

During your stay, please keep in mind that the spa is a tranquil and relaxing place for guests. We ask all guests to enjoy their time by speaking in a spa voice and silencing all electronic devices. Phone calls can be made in the lobby if needed. Remember to towel dry off as much as possible and use the appropriate bins for towels and trash. Outside food and alcohol is strictly prohibited.

What to Wear

Upon arrival guests are provided with a robe, sandals, and locker. Clothing is optional in each of the locker rooms, but a robe or swimsuit is required in the co-ed areas. Undergarments may be worn during treatment for guest comfortability. All of our therapists are licensed and trained in proper draping procedures. Inappropriate action or language is cause for termination of treatment. We reserve the right to refuse service to anyone.

Tour Philosophy

In order to maintain a relaxing environment and protect the privacy of our guests, tours through the spa are very limited. We recommend calling in advance or checking in during the week.

Phone - 541.764.4300

Website - salishan.com/spa

Email - spa@salishan.com

