

Seasonal and sustainably sourced ingredients whenever possible.

Thoughtfully paired ingredients to create dishes that are flavorful and healthy.

Only healthy oils used in our kitchen.

Check out the Goodness Glossary at the bottom to discover the health benefits of the herbs and spices in our dishes, each marked with a special icon. Enjoy!



### SCP SMOOTHIE BAR

LARGE 11 • SMALL 8

#### Community Garden Greens N Things

Coconut milk, peaches, cucumber, avocado, ginger, chia seeds, fresh mint

#### Strawberry Fields Forever

Strawberry, watermelon, coconut milk, chia seeds

#### Summer Peaches & Cream

Orange juice, coconut milk, greek yogurt, peaches, banana, chia seeds, cinnamon, ginger

#### Salishan Sunrise Smoothie

Coconut milk, peaches, strawberries, banana

#### Wild Blueberry Basil

Almond milk, blueberry, fresh wild basil

#### AM Brew

Almond milk or whole milk, banana, peanut butter, vanilla protein powder, espresso

Add CBD +5 • Add matcha +3 • Add pea protein +4

### FARM FRESH BREAKFAST

#### Eggs You Wish · V, DFA, GF 13

Two Wilcox farm fresh eggs, hash browns, or seasonal organic fruit, and sourdough toast

#### Steel Cut Oatmeal · V, VE, DF, GF 12

Oregon local honey, seasonal organic berries, hemp milk, cinnamon

#### Huevos Rancheros · V, DF, GFA 16

Two Wilcox Farm fresh eggs, corn tortillas, black beans topped with fresh parsley and sprinkle of cayenne

#### Golden Waffle · V, VE, DF, GF 12

Gluten-free housemade waffles with turmeric and ginger, pure maple syrup, whipped butter, local berries

#### SCP Rise & Shine Bowl · V, VEA, DFA, GFA 15

Two pastured Wilcox Farm sunny side up eggs, avocado, heirloom tomato, housemade black bean relish, quinoa, arugula, signature SCP cumin lime vinaigrette

#### Elevated Avocado Toast · V, VEA, DFA, GFA 14

Multigrain bread, smashed avocado, whipped goat cheese, garden greens, signature SCP lemon tahini vinaigrette, sesame, sunny side up egg  
Add Tomato +2

#### Tee Time Burrito · V, DFA, GFA 14

Wilcox Farm fresh eggs, red pepper, onions, pepper jack cheese, housemade guajillo chile sauce, country potatoes, topped with fresh cilantro

#### Bagels & Lox · V, VEA, DFA, GFA 18

Everything bagel served with cream cheese, red onion, capers, lox

#### Salishan Omelet Your Way · VA, DFA, GFA 18

Three scrambled Wilcox Farm fresh eggs with your choice of three items:  
bacon, sausage, onions, tomato, mushrooms, spinach, Tillamook cheese hash browns and toast included

Sub tofu scramble for any egg dish | Add bacon 4 | Add sausage 4

Please inform your server of any dietary restrictions as many dishes can be modified:

(GF) – gluten free · (GFA) – gluten free available · (V) – vegetarian · (VA) – vegetarian available · (VE) – vegan (VEA) – vegan available · (DF) – dairy free · (DFA) – dairy free available

Groups of 6 or more are subject to automatic gratuity.

\*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

Provisions Market offers an intentionally crafted, plant-forward menu that uses wholesome ingredients sourced from the Pacific Northwest to provide guests with a healthy and craveable farm-to-fork experience.

“EACH MORNING WE ARE BORN  
AGAIN. WHAT WE DO TODAY IS  
WHAT MATTERS MOST.”  
-BUDDHA

GOODNESS GLOSSARY



**Turmeric:** this antioxidant is five to eight times stronger than vitamin E and vitamin C. | **Cilantro:** removes heavy metals from your body. | **Mint:** soothes the digestive tract and may reduce the severity of stomach aches. | **Basil:** protects the body against damage from free-radicals. Basil is not only a skin soother, but a skin smoother. | **Cinnamon:** aids the digestive system and enhances poor circulation. | **Cayenne:** the most potent, essential and safest stimulant in your spice rack. | **Ginger:** as an anti-inflammatory, ginger is said to reduce acne and promote perspiration- a detox plus that flushes out impurities. | **Oregano:** can reduce inflammation, and fight viral infections. | **Thyme:** may help lower blood pressure and cholesterol levels. | **Rosemary:** full of antioxidants and anti-inflammatory compounds that may help boost the immune system and improve blood circulation. | **Parsley:** a good source of vitamin A and iron, high in vitamin K which means it's great for the bones.

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