

Seasonal and sustainably sourced ingredients whenever possible.

Thoughtfully paired ingredients to create dishes that are flavorful and healthy.

Only healthy oils used in our kitchen.

Check out the Goodness Glossary at the bottom to discover the health benefits of the herbs and spices in our dishes, each marked with a special icon. Enjoy!



#### STARTERS -

#### It's Our Bread & Butter 6 🚯



Freshly baked bread of the day with a side of herb infused butter

#### Roasted Brussels Sprouts 14

Balsamic glaze, toasted hazelnuts

### Cheese Board 18

Chef's choice of three artisanal cheeses, toast points, and seasonal organic berries

#### SCP Cauliflower · V, VE, VEA, GFA



Mediterranean garden herbs, citrus marinated olives, herb goat cheese spread

#### Seafood Cocktail · DF, GF 22

Prawns and Dungenss crab, with housemade cocktail sauce

#### Terra Chicken Kebobs 18 🐠 Two chicken kebobs, marinated in

housemade cardamom lime yogurt, served fresh herbs and a side of peanut

#### SOUPS Cup 5 · Bowl 9

Jackfruit Chili · V, VEA, DFA, GF



Topped with Tillamook cheddar, onions and cayenne

Clam Chowder W House-made chowder topped with fresh rosemary

Summer Tomato Basil 🐠



Topped with fresh basil

Soup of the Day

#### -SANDWICHES + BURGERS —

- Served with Fries or House Salad

#### Salishan Cheeseburger\* · DFA, GFA 20

Half-pound High Desert grassfed beef patty\*, onion, lettuce, tomato with house-made cilantro aioli

#### Redmond Burger · V, VEA, DFA, GFA 18

House-made mushroom and oat patty, grilled onion, bell peppers, Tillamook cheddar, lettuce, tomato and house-made BBQ sauce, on a brioche bun

# Whalers Chicken Sandwich DFA, GFA 18 🚯

Pasture raised grilled chicken breast, goat cheese and Tillamook cheddar, avocado, house-made cilantro aioli on a brioche bun

#### SCP Sandwich · V, VE, GFA 16

Spinach, avocado, cucumber, microgreens, tomato, and shaved carrot, served on a brioche bun with balsamic glaze

# - SALADS

### SCP Cobb Salad · V, VEA, DFA, GF 16



Avocado, cherry tomato, Point Reyes bleu cheese, dehydrated turmeric chickpeas, hard boiled Wilcox Farm egg, fresh cilantro, house-made buttermilk dressing

#### Beet Salad · V, VE, DF, GF 15



Beets layered with goat cheese, arugula, pickled onions, topped with balsamic glaze and fresh mint

#### Terra Kale Caesar · V, VEA, DFA, GFA 14 Romaine, baby kale, quinoa, sourdough croutons, shaved parmesan, house-made vegan Caesar dressing available\* \*egg and anchovy fre

#### House Salad · V, VEA, DF, GF 10

Spring mix, cucumber, pickled red onion, choice of dressing

#### PIZZAS -

\_ Housemade, hand-tossed sourdough pizza dough\_ Gluten Free Crust +3

### Margherita Pizza V, VEA, GFA 20

12" house-made fresh tomato sauce, heirloom tomato, fresh mozzarella, basil

### Athena Pizza · V, VEA, DFA, GFA 20

12" house-made pesto sauce, red onion, artichoke hearts, spinach, feta cheese

#### Marionberry Pizza · v, VEA, GFA 18 🚯



12" sweet creamed goat cheese base, topped with fresh marionberries, strawberries, basil, and mint, drizzled with a balsamic glaze

B.Y.O. 17 Each Additional Topping +1 · Sub Pesto +2 · Each Additional Protein+3

12"cheese pizza with any three toppings:

artichoke hearts, red onion, bell pepper, spinach, black olives, jalapeño, pineapple, garlic, basil, fresh tomato, mushroom, pepperoni, sausage, ham, chicken

#### - BOWLS -

Choice of grain: white rice, quinoa

#### Budda's Feast · V, VEA, DF, GFA 18 🚯



Carrots, broccoli, bell peppers, and onions. peanut sauce, garlic, cilantro, tofu

Tuna Poke\* · GF 20



House-made poke sauce, pickled ginger, edamame, diced avocado, cucumber slices

#### Crispy Salmon 20 🚯



Cucumber, shaved carrots, avocado, fresh jalapeños, pickled ginger crispy salmon topped with lemon aioli

#### Steak Fajita\* · DF, GFA 22

Sliced High Desert grassfed ribeye\*, shredded lettuce, roasted corn salsa, fresh bell peppers, onions and cherry tomatoes

Add Protein To Any Dish: salmon +12  $\cdot$  chicken +6  $\cdot$  prawns +7  $\cdot$ dungeness crab +10 · crispy tofu +6

#### ENTREES-

#### Pan Seared Local Salmon

7 oz. local salmon, lemon gremolata sauce, seasonal vegetables, and risotto

34

#### Pan Seared Halibut GF 38

6 oz. halibut, topped with jackfruit salsa, with risotto and seasonal vegetables

## Garden Risotto · V, GFA 22

Risotto with chef's choice of seasonal vegetables and fresh herbs

#### Above Par Ribeye\* · DFA, GFA 42 Prawn skewer +7

10 oz. High Desert grass fed beef\*, herb mashed potatoes, grilled seasonal vegetables

#### Jalapeno Cheddar Mac · V, GFA 22

Tillamook cheddar, fresh sautéed jalapeño, topped with house-made garlic herb bread crumbs

Please inform your server of any dietary restrictions as many dishes can be modified:



The Attic offers an intentionally crafted, plant-forward menu that uses wholesome ingredients sourced from the Pacific Northwest to provide guests with a healthy and craveable farm-to-fork experience.

"THE PURPOSE OF LIFE, AFTER ALL, IS TO LIVE IT, TO TASTE EXPERIENCE TO THE UTMOST, TO REACH OUR EAGERLY AND WITHOUT FEAR FOR NEWER AND RICHER EXPERIENCES."
-ELEANOR ROOSEVELT

# GOODNESS GLOSSARY

**Turmeric:** this antioxidant is five to eight times stronger than vitamin E and vitamin C. | **Cilantro:** removes heavy metals from your body. | **Mint:** soothes the digestive tract and may reduce the severity of stomach aches. | **Basil:** protects the body against damage from free radicals. Basil is not only a skin soother, but a skin smoother. | **Cinnamon:** aids the digestive system and enhances poor circulation. | **Cayenne:** the most potent, essential and safest stimulant in your spice rack. | **Ginger:** as an anti-inflammatory, ginger is said to reduce acne and promote perspiration- a detox plus that flushes out impurities. | **Oregano:** can reduce inflammation and fight viral infections. | **Thyme:** may help lower blood pressure and cholesterol levels. | **Rosemary:** full of antioxidants and anti-inflammatory compounds that may help boost the immune system and improve blood circulation. | **Parsley:** a good source of vitamin A and iron, high in vitamin K which means it's great for the bones.