

# THE SPA

AT SALISHAN  
COASTAL LODGE

7760 North Highway 101  
Gleneden Beach, Oregon 97388  
541.764.4300 • [salishan.com/spa](https://salishan.com/spa)



# THE SPA

Inspired by Oregon’s unique landscape, **The Spa at Salishan Coastal Lodge** specializes in treatments rooted in the same harmony and tranquility we find in nature. Enjoy our extensive range of carefully curated products and services that promote rest, relaxation, and renewal. Discover where nature meets nurture and let our wellness experts help you choose from the most comprehensive spa offerings on the central Oregon Coast.

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**SALISHAN**  
COASTAL LODGE  
BY SCP HOTELS

# ENERGETIC HEALING

## SOUND BATH HEALING

60 MIN • \$140 (1:1) or \$210 (1:2)

A personalized sound immersion designed to calm the nervous system and restore energetic balance. Guests are guided into meditative stillness as crystal singing bowls and a tongue drum create a soothing soundscape. *Available as private sessions for 1 or for 2.*

## ENERGY ALIGNMENT

60 MIN • \$140 (1:1) or \$210 (1:2)

A deeply grounding session using weighted tuning forks and a crystal singing pyramid to harmonize the body's energy centers. Ideal for emotional clarity, nervous system support, and energetic reset. *Available as private sessions for 1 or for 2.*

## INTUITIVE HEALING

60 MIN • \$190 (1:1)

A transformative energy healing session that shifts with the practitioner's specialty, drawing from modalities such as Reiki, Divine Dragon Energy Healing, Crystal Therapy, Access Bars, Chakra Alignment, as well as intuitive guidance. This immersive experience helps clear stagnant energy, soothe emotional stress, and realign your energetic field. *\*Some providers offer healing services virtually. Please inquire at booking if you are looking for a virtual session.*

## DEEP SLEEP SOUND BATH

90 MIN • \$180 (1:1) or \$250 (1:2)

A soothing sound immersion designed to guide you into a deep state of relaxation and rest. Guests will be guided into this full meditative state with instruments such as crystal singing bowls, Zaphir wind chimes, and a crystal pyramid. This session encourages your nervous system to shift from "Flight or Flight" into "Rest and Digest". By focusing on long, slow, deep tones you can gently ease into a restful moment of sleep. *Available as private sessions for 1 or for 2.*

*A 20% gratuity is added at checkout. All services, prices, and policies are subject to change.  
Service providers may be any gender. Any special requests for services must be made at booking.*

# HOLISTIC FACIALS

## SIGNATURE HOLISTIC FACIAL

90 MIN • \$250    PEAK\* +\$15

Rediscover and revitalize your skin with potent age-defying peptides, collagen boosters, hyaluronic acids, and botanical elements. This facial works to stimulate the natural cell regeneration process reducing fine lines and wrinkles. As a result, enjoy firmer, brighter, and redefined skin.

## MEND & GLOW FACIAL

75 MIN • \$200    PEAK\* +\$15

This custom service focuses on your specific skin needs. Begin with a personalized consultation followed by a tailored routine to help repair and support. Includes a deep cleansing, toning, exfoliation, facial massage, and hydrating masque with botanicals for a radiant glow.

## ESSENTIAL FACIAL

60 MIN • \$170    PEAK\* +\$15

A perfect introduction to a healthier skincare routine and peptide technology. Renew your skin with this service designed to cleanse, exfoliate, hydrate, and awaken the senses. Reveal a healthier complexion as active ingredients infuse health and beauty throughout your face, neck, and décolleté.

*Please consult with your doctor if you are currently on any prescribed medications or gels for skin conditions before receiving a facial service.*

## ENHANCEMENTS

### CBD HYDRATING THERAPY

+0 MIN • \$55

Restore and heal with our anti-inflammatory CBD facial oil and moisturizer.

### EYE & LIP RESCUE

+0 MIN • \$25

Smooth, firm, and brighten these delicate areas while alleviating fatigue.

### SCALP TREATMENT

+0 MIN • \$25

Improve circulation and calm nerves with our Tranquillity™ blend oil.

*A 20% gratuity is added at checkout. All services, prices, and policies are subject to change.  
Service providers may be any gender. Any special requests for services must be made at booking.  
\*Peak season rates include dates May through September and holidays.*

# BODY TREATMENTS

## INTRODUCTION TO AWE – ELEMENTAL BODY JOURNEY

90 MIN • \$290    PEAK\* +\$15

Ground your energy and awaken your skin with this deeply restorative body journey. Begin with a 30 minute exfoliating scrub featuring coconut flower sugar, Dead Sea salt, ginger, Palo Santo essential oil, and organic broad-spectrum hemp extract to calm inflammation and promote renewal. A 60 minute detoxifying mud wrap follows, powered by thermal waters from Montalcino, Tuscany. Algae and essential oils support purification and metabolic stimulation, promoting a sense of lightness and balance throughout the body.

## TRANQUILLITY™ SLEEP TREATMENT

60 MIN • \$210    PEAK\* +\$15

This unique full-body service combines Tranquillity™ sound waves and specialized oil with Ayurvedic and Indonesian Sea Malay techniques to create a sense of profound relaxation. Warmed nourishing oils are applied with soft brushes in slow, methodical strokes to help fully ground the body and mind. Special attention is given to the face, scalp, and abdominal areas for a complete sense of well-being. Recommended for those experiencing stress, anxiety, insomnia, or chronic fatigue.

## REPLENISHING BODY COCOON

60 MIN • \$190    PEAK\* +\$15

An excellent remedy to replenish elasticity, regenerate tissue, and restore moisture balance. A sensorial cocoon experience that reduces swelling, improves circulation and bestows soft silky skin. The perfect body treatment for those feeling energy depleted, as an after-sun treatment, or during and after pregnancy.

## DETOX & RENEW WRAP

60 MIN • \$190    PEAK\* +\$15

For anyone in need of a deep sense of renewal. Begin your detoxification with a unique body peel to remove dead skin cells. Continue the elimination of toxins while enveloped in micro-algae mud sourced from Castello di Velona, Montalcino. Includes a full body firming finish using an exquisitely rich body cream to nourish the skin and improve elasticity and tone.

## CBD BRILLIANCE SCRUB

60 MIN • \$200    PEAK\* +\$15

Pamper your skin with this mineral-rich resurfacing scrub infused with CBD. Coconut sugar aggressively polishes the skin, while fine Dead Sea salt adds an extra layer of exfoliation and replenishes essential minerals. Complete with a nourishing CBD body cream for added muscle and joint relief.  
*\*Please refrain from washing off products for at least two hours for best results.*

## AROMASOUL VOLCANIC SCRUB

60 MIN • \$170    PEAK\* +\$15

Pure volcanic rhyolite particles deeply exfoliate to remove dead cells while softening and smoothing rough areas. After the skin is cleansed and glowing, a finishing hydration treatment nourishes the body. This intensive service will leave you feeling completely polished and fully renewed.

# ENHANCEMENTS

## PEEL BODY SCRUB

+30 MIN • \$75

A specialized dual-action scrub formulated with citrus and alpha hydroxy acids.

A 20% gratuity is added at checkout. All services, prices, and policies are subject to change.  
Service providers may be any gender. Any special requests for services must be made at booking.  
*\*Peak season rates include dates May through September and holidays.*



A client enjoying a Himalayan salt stone massage with warmed mineral-rich stones.

# MASSAGE THERAPY

HIMALAYAN SALT STONE MASSAGE

60 MIN • \$200

90 MIN • \$255

PEAK\* +\$15

This highly relaxing and remineralizing massage uses warm, hand-carved salt stones from the Himalayan Mountains to balance the central nervous system, nourish depleted cells, and leave the body in a deep sense of relaxation. Stimulation of specific meridians is also incorporated to help promote better sleep, reduce inflammation, and create an immediate sense of well-being.

SIGNATURE HOT STONE MASSAGE

60 MIN • \$180

90 MIN • \$235

PEAK\* +\$15

Water-treated stones are meticulously placed on parts of the body to help enhance your sense of well-being. The heated stones allow the muscles to be easily manipulated, assisting the release of toxins and improving circulation. A perfect synergy of hand and stone work for ultimate relaxation.

CBD INFUSION MASSAGE\*

60 MIN • \$215

90 MIN • \$275

PEAK\* +\$15

This relaxation massage incorporates CBD cream in place of traditional lotions or oils. Enjoy an infusion of pain-relieving ingredients, including arnica, ginger, chamomile, and organically grown, full-spectrum hemp oil. Recommended for those who need aid sleeping, calming the nervous system, or treating pain and inflammation. *\*Please refrain from washing off products for at least two hours for best results.*

ADD A CBD BODY SCRUB

+30 MIN • \$100

Reduce inflammation and leave skin glowing with this aggressive coconut sugar scrub.

COASTAL REMEDY MASSAGE

60 MIN • \$170

90 MIN • \$225

PEAK\* +\$15

Customized just for you, enjoy a combination of relaxing fluid strokes and targeted therapeutic work. This massage is designed to relieve muscle tension and treat areas of chronic stress while promoting ultimate relaxation. To further enhance your experience, aromatherapy can be incorporated to bring balance to physical and emotional energies.

PRENATAL\* OR POSTNATAL MASSAGE

60 MIN • \$170

PEAK\* +\$15

A gentle therapeutic massage that nurtures and comforts tired bodies. It helps to alleviate the physical pain from weight gain (lower back pain and sciatica) while also balancing the emotional discomforts of pregnancy. Recommended up to three months postnatal. *\*Prenatal massages are only available during the second and third trimesters.*

DEEP TISSUE MASSAGE

60 MIN • \$235

90 MIN • \$290

Designed to release deep-seated tension and restore mobility, this goal-focused treatment concentrates on specific areas of tension rather than providing a traditional full-body relaxation massage. Using firm pressure and slow, measured strokes, it works into deeper layers of muscle and fascia. It is ideal for those with active lifestyles, repetitive strain, and long-standing muscle tightness.

## ENHANCEMENTS

PEEL BODY SCRUB

+30 MIN • \$75

A specialized dual-action scrub formulated with citrus and alpha hydroxy acids.

CUPPING THERAPY

+0 MIN • \$55

Loosen and decompress tight muscles while increasing blood flow.

SCALP TREATMENT

+0 MIN • \$25

Improve circulation and calm nerves with our Tranquillity™ blend oil.

A 20% gratuity is added at checkout. All services, prices, and policies are subject to change.  
Service providers may be any gender. Any special requests for services must be made at booking.  
*\*Peak season rates include dates May through September and holidays.*

# MANICURES & PEDICURES

## RESTORATIVE MANICURE

60 MIN • \$85

A specialized treatment designed to return your hands’ natural glow. This service starts with a softening cleanse for the hands followed by gentle cuticle care and nail maintenance. Afterwards, enjoy a uniquely replenishing mask and nourishing moisturizer for the hands, wrists, and forearms. Includes your choice of polish or a buff and shine for a natural look.

## GEL MANICURE

90 MIN • \$110

Elevate your manicure with a longer-lasting gel polish designed for lasting shine and durability. Includes all the benefits of the Restorative Manicure.

## CBD MANICURE

60 MIN • \$100

Targeted pain relief for tired and sore hands infused into a spa manicure. Ginger, arnica, and CBD work together to alleviate inflammation and increase circulation in these often overworked areas of the body. A soothing CBD cleanse paired with a CBD muscle and joint cream will leave your hands, wrists, and forearms feeling well-rested. Includes your choice of polish or a buff and shine for a natural look. Recommended for arthritis and carpal tunnel syndrome.

## FORTIFYING PEDICURE

60 MIN • \$85

Begin with a purifying soak that helps to soften and cleanse the feet. Then receive essential cuticle, nail, and callus care complete with a brief skin analysis. Followed by a gentle exfoliation to remove dead skin cells, an invigorating mask that reduces swelling relieving tired legs, and rich moisturizer for an immediate sense of renewal. Includes your choice of polish or a buff and shine for a natural look.

## GEL PEDICURE

90 MIN • \$110

Elevate your pedicure with a longer-lasting gel polish designed for lasting shine and durability. This service includes all the benefits of the Fortifying Pedicure.

## CBD WARMING PEDICURE

60 MIN • \$100

Improve circulation while soothing pain and inflammation. This specialty service builds upon our standard pedicure by incorporating a nourishing CBD foot soak and warming cream made with cinnamon, clove, and cedarwood. Stimulate the senses with this ultra hydrating and therapeutic treatment. Includes your choice of polish or a buff and shine for a natural look. Recommended for arthritis, neuropathy, and plantar fasciitis.

*Standard nail polish will take 1-2 hours to dry completely, while the top layer takes only a few minutes. For this reason, polishes cannot be guaranteed for those enjoying the spa amenities after their service(s).*

*\*Please note that acrylic and dip removal or addition is not offered at the spa.*

*\*Please inform staff when booking if you have any preferences for service providers or special requests. Otherwise, it cannot be guaranteed. A 20% gratuity will be added to all services at checkout. Our prices, services, policies, and hours are subject to change.*



A stunning view of the Siletz Bay from the infinity edge hot tub on a sunny afternoon.

# HAIR & WAXING SERVICES

## HAIR CUTS & STYLING

|                  |       |
|------------------|-------|
| DESIGNER HAIRCUT | \$65  |
| MEN’S HAIRCUT    | \$50  |
| WASH AND STYLE   | \$60  |
| FORMAL STYLE     | \$110 |

## HAIR COLOR

|                            |       |
|----------------------------|-------|
| ONE-PROCESS COLOR          | \$110 |
| TWO-PROCESS COLOR          | \$195 |
| PARTIAL HIGH OR LOW LIGHTS | \$145 |
| FULL HIGH OR LOW LIGHTS    | \$195 |

If you are a new client, please let us know about your hair length and type at the time of booking.

## WAXING\*

|                         |      |
|-------------------------|------|
| EYEBROW WAX             | \$45 |
| FACE (WITHOUT EYEBROWS) | \$65 |
| LIP OR CHIN             | \$30 |

|             |       |
|-------------|-------|
| UNDERARMS   | \$50  |
| BIKINI LINE | \$70  |
| BRAZILIAN   | \$145 |

*\*Not recommended for those who are pregnant or guests using Retin-A, Accutane, or Renova.  
Please refrain from caffeine three hours before service and use of heated amenities after waxing services.  
Cleansed skin before services will achieve the best results.*

## LASH LIFT & TINT

60 MIN • \$170

Elevate your natural lashes with a beautiful curl and a rich darker tint. This low-maintenance treatment creates a lifted wide-awake look without extensions or mascara. We recommend avoiding heated amenities and swimming for 24 hours after this service. Your esthetician will give you detailed aftercare instructions.

## SCULPTED BROW

60 MIN • \$170

This complete brow transformation includes shaping, lamination, and tint. It is a customized treatment that creates fuller and more defined, beautifully polished brows. This leaves you with a smooth and lifted finish. We recommend avoiding heated amenities and swimming for 24 hours after this service.

*A 20% gratuity is added at checkout. All services, prices, and policies are subject to change.  
Service providers may be any gender. Any special requests for services must be made at booking.*

# SPA ETIQUETTE & POLICIES

## ARRIVING AT THE SPA

Please arrive at least 30 minutes prior to your scheduled reservation if you plan on changing into a robe and sandals. As a courtesy to the next guest and our staff, please note that late arrivals will end as previously scheduled without a reduction in price. Early check-ins are welcome as most services include up to 2 hours of complimentary spa use. Please remember to silence all cell phones at check-in and note that photography is not permitted inside the locker rooms.

## SPA AMENITIES

As an adults-only facility, entry is limited to those 18 and older. While clothing is optional in the locker rooms, robes or swimsuits are required in the communal areas. To maintain a peaceful and safe atmosphere, we kindly ask guests to speak softly, silence electronic devices, rinse off before entering the hot tubs, and dry off afterward to help prevent slipping.

## SPA SERVICES

Except for salon services, your provider will respectfully leave the room to allow you privacy as you prepare and settle under the draping. While we strive to anticipate your needs, please feel comfortable speaking up so we can make any adjustments necessary. Please note that inappropriate behavior or language may result in the termination of your treatment.

## FOOD & BEVERAGE

Per Oregon laws and regulations, food, alcohol, and glass containers are strictly prohibited in the spa without exception. Complimentary tea and water are available, with select local Kombucha Teas and CBD Seltzers available for purchase. Personal water bottles are welcome in the spa.

## CHANGE & CANCELLATION POLICY

As a courtesy to all, we kindly ask for at least 24 hours' notice for any cancellations or changes to your appointment. For four or more services, we ask for 48 hours' notice. Cancellations made with less notice may be charged in full to help protect the time and efforts of our team. Changes include rescheduling, switching providers or services, or transferring a service to another guest—even if it's a similar offering. Our team prepares in advance, and last-minute changes require system updates and schedule adjustments that can disrupt the flow of the day.

## NON-DISCRIMINATION POLICY

We are committed to fostering an inclusive, welcoming environment where all individuals feel respected, safe, and cared for. Our spa does not discriminate on the basis of race, color, religion, gender, gender identity or expression, sexual orientation, national origin, age, disability, body size, or any other characteristic protected by law. We honor the diversity of our guests and team members, and we strive to create a space of belonging, comfort, and healing for all.

## HEALTH & SAFETY | COVID-19 POLICY

To protect the health and well-being of our guests and team, we kindly ask that you postpone your visit if you are experiencing symptoms of a contagious illness, including cold, flu, or COVID-19, or if you have been in close contact with someone who has tested positive for COVID-19 within the past 14 days. Disposable masks are for any guest who prefers to wear one.

## ACCESSIBILITY & CARE

We understand that everyone's needs are different, and that physical, mental, or emotional challenges can change from day to day. While our team is happy to support you where we can, we do ask that guests are able to move through the spa on their own, including getting on and off treatment tables and using amenities like the hot tub. For your comfort, we offer ADA-accessible restrooms, showers, and lockers, as well as a self-service chair lift for our outdoor hot tub.

## CONTACT

The Spa at Salishan | 541.764.4300 | [www.salishan.com/spa](http://www.salishan.com/spa)  
**7775 Highway 101 N, Gleneden Beach, Oregon 97388**

# SPA ETIQUETTE & POLICIES (CONT.)

## PREGNANCY & MEDICAL

If you're pregnant, taking medication, or have any health concerns, please let us know when booking your service. Certain treatments may carry risks or have contraindications, and we want to ensure your experience is safe and supportive. We recommend consulting your physician.

## ALLERGIES & SENSITIVITIES

We strive to provide a comfortable and safe environment for all guests. While we offer a variety of unscented and hypoallergenic products and make every effort to minimize strong scents in our space, we understand that some individuals have complex allergies or sensitivities. If you have any specific concerns, please let us know at the time of booking so we can accommodate your needs to the best of our ability, both in the treatment room and shared spaces.

## SERVICE PROVIDERS & SPECIAL REQUESTS

All treatments are provided by licensed professionals trained to deliver thoughtful, personalized care. If you have a preference for a specific provider or gender, please let us know when booking so we can do our best to accommodate your requests. Last-minute requests cannot be guaranteed. We're dedicated to matching you with someone who supports your comfort and well-being.

## PRICING & GRATUITIES

All prices and services are subject to change. Off season rates include dates January through April, excluding holidays. Peak season rates include dates May through September and holidays. Spa services include complimentary access to the spa amenities before or after your service unless otherwise stated by spa staff. Stand alone spa passes may be purchased the same day and are subject to availability and space. A 20% gratuity will be added to all services at checkout; additional gratuities are welcome and appreciated.

## PRODUCTS & REFUNDS

Refunds or exchanges may be issued for services or unopened products within 14 days when accompanied by a receipt. All charges are confirmed at checkout, but if something doesn't look right, please contact us as soon as possible so we can assist you. If commissions and gratuities have already been processed, a spa credit may be offered instead, when appropriate.

## BUSINESS PRACTICES & SANITATION

The Spa at Salishan is committed to maintaining the highest standards of cleanliness, safety, and professionalism. We strictly follow all guidelines set forth by the Oregon Health Authority, Oregon State Board of Massage Therapists, Oregon State Board of Cosmetology, and other applicable regulatory agencies. Treatment rooms are thoroughly cleaned and sanitized between each guest, and common areas are refreshed throughout the day by our dedicated spa team. If you have any questions or specific concerns, we welcome you to reach out at any time.

## CONTACT

The Spa at Salishan | 541.764.4300 | [www.salishan.com/spa](http://www.salishan.com/spa)  
7775 Highway 101 N, Gleneden Beach, Oregon 97388

A person with long dark hair is seen from behind, relaxing in a hot tub. The hot tub is situated outdoors on a grassy area with large rocks. In the background, there is a large body of water (a lake or bay) and a range of forested mountains under a clear sky. Two large, mature trees with dense green foliage stand prominently on either side of the hot tub. The overall atmosphere is peaceful and scenic.

# THE SPA

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